

# PSHE

YEAR 3 AND 4

This week we talked about 'Trusted Adults.'

Draw the mobile in your homework books, and in the circles draw a picture of the trusted adults and write their name next to their picture.

Write a paragraph, why these people are trusted adults to you?

# Online Safety: My Trusted Adults

The Internet is amazing when used safely and correctly, but we must know how to stay safe online. The most important thing to remember if you see something that upsets you is:

### REPORT

Report via the online site that you experience it on, then tell a trusted adult about it and ask for help.

## SAVE

Keep evidence, take screenshots.

# **BLOCK**

Block the person or group of people responsible..

Reporting something upsetting that you have seen to a trusted adult is really important. Have a think about who your trusted adults might be.

Draw your trusted adults in the circles and write their names next to their picture.

