

Year 2 Homework



We would like you to try spelling these words, repeat the word four times and write them out, practise makes perfect!

Example: Word: licked

licked

licked

licked

licked

the boy licked the ice cream

Spelling	X1	X2	X3	X4
television				
football				
bridge				
london				
burning				

Once you have completed these words, please practice spelling out the word of the week.
Our word of the week is **fued**

We would like you to find out what 'fued' means and write down the definition. After you have done this, please write out two different sentences using our word of the week

Food and Health

To keep your body healthy you need to eat different types of food.

Energy Foods:

These foods give us **energy** to move and help to keep us warm.



Foods to Keep Us Healthy:

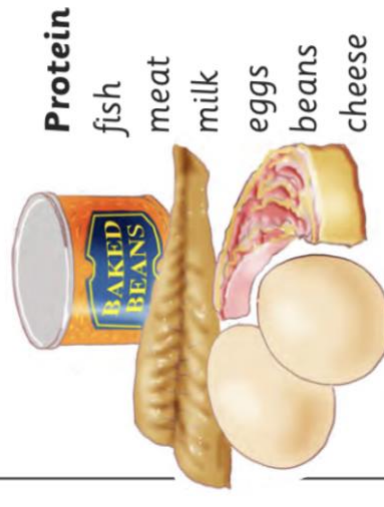
These foods give us **healthy** teeth and bones. They also prevent some diseases.



Foods for Growth and

Repair:

These foods help the body to **grow and repair** itself.



Food and Health

Section A

Circle the best word to match the writing.

To keep healthy you need different types of

1 **food.** **fats.** **friends.** **eggs.**

A food with lots of sugar could be

2 **bread.** **biscuits.** **milk.** **fish.**

A food with lots of starch could be

3 **bread.** **biscuits.** **milk.** **fish.**

A food with lots of fat could be

4 **bread.** **biscuits.** **milk.** **fish.**

A food with lots of protein could be

5 **bread.** **biscuits.** **milk.** **fish.**

Section B

1. Which foods help to grow and repair the body?

<input type="checkbox"/>	meat	<input type="checkbox"/>	sweets
<input type="checkbox"/>	rice	<input type="checkbox"/>	beans

2. Which of these foods are fats?

<input type="checkbox"/>	fruit	<input type="checkbox"/>	butter
<input type="checkbox"/>	milk	<input type="checkbox"/>	cheese

3. What do energy foods help you to do?

4. Which types of food give you healthy teeth?

Section C

Write or draw about a healthy meal.