Year 1&2 worksheet- Monday

**SUHOOR**

Suhoor is a special meal eaten before the sun rises late at night…like a very early breakfast! The Prophet Muhammad has told us there is a blessing in eating Suhur. After the sun starts to rise at dawn, we cannot eat or drink until the evening, so eating Suhur will help our body to have energy inshallah!

**Q1)** Draw a picture in the box below of what you would like to eat for Suhoor.

**IFTAAR**

At the end of the day when the fast is over and we can start to eat again, the Prophet Muhammad advised us to break our fast with dates or water. If however we don’t have dates or water available, then any food or drink can be used instead.

**Q2)** Draw a picture of what you would like to eat after breaking fast.

**Q3)** Complete the sentence below:

Ramadhaan is the ……. Pillar of Islam.

**Q4)** Listen to the nasheed ‘The months of Islam’ and find out which position Ramadhaan falls in the Islamic calendar? (Is Ramadhaan the first month or the third month or last month etc)

Complete the sentence below:

Ramadhaan is the …… month of the Islamic calendar.

**Year 2 extension**

**Q5)** Make a list of things you could do in the blessed month of Ramadhaan. (at least 5)